

FINDING YOUR SELF-CONFIDENCE

This questionnaire will help you find out more about yourself and your levels of self confidence.

How to Answer?

Print a copy or answer it directly using your phone or computer.

Remember:

Answer these questions honestly.
The answers you give will help you decide if you are truly living your best life.

Are you ready?



FINDING YOUR SELF-CONFIDENCE

Remember: Answer these questions honestly. The answers you give will help you decide if you are truly living your best life.

■ Who are you?

■ Are you happy within yourself?

YES NO

■ Do you believe in yourself?

YES NO

■ Do you love who you are?

YES NO

■ Are you living the life you dreamed of?

YES NO

■ What do you really want from your life right now?

■ Is there something missing?

YES NO

■ Are you wearing a mask?

YES NO

■ What area of your life does this apply to you?

■ Do you give yourself credit for what you have accomplished?

YES NO

■ Do you take time out to recharge?

YES NO

■ Do you need to be right?

YES NO

■ Do you feel stuck?

YES NO

■ What do you want to be known for?



GREAT JOB!

We appreciate you completing the questionnaire.

If you need more assistance, please send your answers on our email address at admin@angedion.com. We'd love to help you with more self-confidence issues that you may be dealing with.

Thank you!

